Upcoming at the Casa

Discover the Vision Tour
An introduction to the Casa’s mission and ministries.
Saturday, February 20, 6 pm

God’s Mercy: Reflections from Medieval Women
With Fr. Steve McMichael, OFM Conv.
Offered Twice:
Friday, February 21, 10 - 11:30 am
Friday, February 21, 7 - 8:30 pm

The Legacy Workshop Series
Planning Ahead: A Gift of Peace
See page 8 for more details.

The Conventual Church of
Our Lady of the Angels
at the Franciscan Renewal Center

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<td>Weekend Mass</td>
<td>5:00 pm</td>
<td>7:30 am, 9:15 am, 11:00 am, 7:00 pm</td>
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<td>Books &amp; Blessings</td>
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Monday - Saturday

|                |              |              |
|----------------|--------------|
| Monday - Saturday | as announced |              |
| Tuesday         | 6:00 pm      |              |
| Wednesday       | 7:45 am      |              |
| Thursday        | 7:30 am - 7:30 pm |          |
| Sunday          | 7:30 am - 8:30 pm |         |
| Monday - Wednesday | 10:00 am - 2:00 pm |
| Tuesday         | 10:00 am - 6:30 pm |
| Thursday        | 8:30 am - 2:00 pm |
| Sunday          | 5:30 pm - 8:30 pm |
CELEBRATING THE LITTLE ANGELS at OUR LADY OF THE ANGELS

To the parents of our young children:

~ Jesus said, “Let the children come to me.” So relax! God put the wiggle in children; don’t feel you have to suppress it in God’s House.

~ Sit toward the front where it is easier for your little ones to see and hear what’s going on at the altar. (They tire of seeing the backs of others’ heads.)

~ Quietly explain the parts of the Mass and actions of the ministers and sing the songs and pray the responses. (Children learn liturgical behavior by copying you.)

~ If you have to step out during Mass with your child, feel free to do so, but please come back in. By your example, you will teach them that it is courteous and respectful to stay until the end.

~ All are welcome here. Remember that the way we welcome children in the church directly affects the way they respond to the Church, to God, and to one another. Let them know that they are at home in this house of worship.

To the members of our community:

The presence of children is a gift to the Church and they are a reminder that our community is growing. Please welcome our children and give a smile of encouragement to their parents.
Gift Bearers at Mass

At each weekend Mass, we try to invite different people from the gathered assembly to bring up the gifts of bread and wine, as well as the basket of food to represent the monetary gifts that are collected and offered for the good of the community and our commitment and concern for the poor and the needy.

If you and your family or friends would like to bring up the gifts at a particular Mass, please email rosa@thecasa.org. Perhaps you are celebrating a special occasion—a birthday or anniversary—and would like to participate in the Mass in this way. Or, maybe you have guests visiting from out of town and would like to invite them in and give them this experience. Let us know and email or call with the date and Mass time.

Low-Gluten Hosts Available for Those With Celiac Disease

Low-gluten hosts are available for those who, for health reasons, cannot consume wheat flour. If you require a low-gluten host, please inform the Sacristan at least 5 minutes before Mass begins so that we can prepare a host for you at that Mass. (We do not automatically have low-gluten hosts available.) These hosts are not “gluten-free,” but rather “very low-gluten hosts” which have been favorably reviewed as “safe” for sufferers of Celiac Sprue disease.

Organ Recital

Featuring

Dr. Curt Sather

In Concert With the Casa Choir

Friday, March 6
7 pm

Dr. Curt Sather began organ study as a child in Milwaukee, Wisconsin, where he began his first position as church organist at the age of 12. He earned degrees in organ performance from Arizona State University and the Eastman School of Music. Principal organ instruction was with Phyllis Stringham, Robert Clark, Catharine Crozier, and Russell Saunders. For 13 years, he was Organist & Choirmaster of St. Barnabas on the Desert Episcopal Church, Scottsdale, Arizona, before entering the historic Benedictine monastery of San Miniato al Monte, Florence, Italy, where he served as organist for the ancient Basilica of the same name, as well as for St. Mark’s Anglican Church, Florence, and for the Duomo (Cathedral) of Florence. Upon returning to the USA, he worked for Rosales Pipe Organ Builders and as Organist & Choirmaster of St. John’s Episcopal Church, Olympia, Washington. Curt has served in various chapters of the American Guild of Organists.

The Charity and Development Appeal

Last weekend, the Diocesan Charity & Development Appeal (CDA) began. This is an effort to support more than seventy charities, ministries and apostolates for the Diocese of Phoenix. Once a year, we are asked to make a commitment to support the work being done beyond the boundary of any one parish or community.

For more information on the CDA, please visit www.dphx.org/cda. Your gift to the CDA is a way to partner with others in our community to feed the hungry, welcome the stranger, comfort the sick, counsel the doubtful, and comfort the afflicted.
For Baptisms, Sacramental Preparation and Family Catechesis, contact Patty Tafolla at 480.355.0359 or dcm@thecasa.org; Donna Kinzie at 480.355.0344 or donna@thecasa.org; for Youth Ministry contact James Whitaker at 480.355.0343 or youth@thecasa.org

**FAMILY FAITH FORMATION**

6th Sunday of Ordinary Time

**REFLECTION:** Matthew’s Gospel this week highlights what seems to be an unattainable ideal. What Jesus asks of His followers requires an extraordinary interior conversion of heart. Mere external compliance seems impossible; only love as the basis for action could render possible the ethic proposed here by Jesus. Jesus’ teaching—how He deliberately pushes His hearers beyond mere observance of the Law to a way of following the commandments that springs from a radical love of God and neighbor—is our focus. Talking with our children about how to treat others, how to acknowledge mistakes and own up to them, how to reach out to those in need—can never begin too early (RCL Benziger Lectionary Resources).

**CONVERSATION:** What are some rules that are difficult for you to follow? Which are easy?

**PROCLAMATION/DISCUSSION:**
Read Matthew 5:17-37.
- What does Jesus say about those who follow his commandments?
- What are we supposed to do if we are angry at someone?

**ACTION:** Forgiving Booklet: Cut out various colored heart shapes of the same size. Staple or tie together to make a LOVE AND FORGIVING booklet. Each page can have pictures or words that represent ideas about forgiving someone or things they may wish to be forgiven for. Use stickers! Draw! Cut from old magazines! When complete, read and discuss each person’s book.

**CONCLUDING PRAYER:** Loving God, when we do wrong and hurt others, give us the courage to admit our mistakes and ask for forgiveness from those we have hurt. Help us to forgive others so that we may all live in peace together. Amen.

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**Forced Family Fun!**

Here are some tips for making forced family fun, less forced and more fun. Once a month, pencil “forced family fun” on the calendar. Describe as “forced,” because there should be no excuses. Kids tell friends, “Sorry, I don’t have a choice.” This day is non-negotiable. Head off for fun—a simple day like hiking and a picnic, maybe putt-putt golf, or a theme park, and on rainy days, or snowy days, board games and movies. What a great family tradition to start!

**Five Simple Ways to Boost Your Prayer Life**

Prayer is powerful! It doesn’t have to be complicated. It’s not about big words, length of time, or rituals. Here are five ways all of us can become more effective in our prayer.

**FAITH:** We really cannot pray without faith. We have faith that God is listening and once we pray about something, we can let it go, knowing it is safely in God’s hands.

**FOCUS:** Distractions are everywhere! 100 things live in our minds. How do we focus? Remind yourself that all these “to do” lists will still be there after prayer. Leave electronics in a different room, use a cross, Bible or other religious item as a focal point.

**SCHEDULE PRAYER:** Not necessarily setting an appointment, but scheduling who or what you pray for each day. Perhaps one day it is family, another day friends or specific people, another day for our world or environment. It helps to schedule a time too!

**PRAY WITHOUT CEASING:** Don’t wait for dinner or bedtime – pray while driving, while washing the dishes, while walking the dog!

**START WITH WORSHIP:** Starting prayer with a focus on God and not myself, helps me realize that God is bigger than any of my problems! (www.ibelieve.com)
Foundation for Senior Living (FSL) was established by the Roman Catholic Diocese of Phoenix as a private non-profit, originally providing housing and social services to elders and individuals with disabilities without regard to race, religion or social status. They currently serve over 20,000 Arizonans each year, many of whom rely upon FSL to remain independently at home in their community. The Franciscan Renewal Center is proud to support the great working being done by FSL. They offer a variety of meaningful volunteer opportunities. If you are interested in either their programs offered or how you can help visit their website at www.fsl.org.

— Pat Bennier, Director of Volunteer Services

For volunteer opportunities, contact Pat Bennier at volunteer@thecasa.org or 480.355.0361

Thank you for your stewardship!

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<tr>
<th>Date</th>
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<tr>
<td>2.2.20</td>
<td>$28,445.50</td>
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<tr>
<td>2.3.19</td>
<td>$23,553.50</td>
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<td>2.4.18</td>
<td>$23,658.50</td>
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We received 279 collection envelopes.

Books and Blessings

bookstore & spiritual boutique at the Casa

Featuring original art, gifts, jewelry, statuary, greeting cards and books that feed the heart and soul. Located in the Capistrano building.

Monday - Wednesday 10:00 am - 2:00 pm
Thursday - Saturday 10:00 am - 6:30 pm
Sunday 8:30 am - 2:00 pm and 5:30 - 8:30 pm

Please stop by. We look forward to serving you! Visit us online at Booksandblessingsgiftshop.com.

For more information about our Counseling Ministry, please call 480.948.7460, ext. 134 or email: counseling@thecasa.org
Space is Still Available—
Register Now:

**Hunger Is No Game**

Friday Night, February 21, 6 - 9 pm, $10

*Dinner, Movie and Conversation with Local Leaders*

With over 40 million people in the U.S. struggling to put food on their tables, how do we translate biblical justice, Gospel values into our present-day Christian civic life? Let’s explore this together.

This Movie Night includes a light dinner, a short movie about hunger issues and remarks by local legislators about Federal, State and local hunger issues. There will also be a Q&A with attendees. We as citizens can help alleviate hunger in Arizona through the legislative process.

To register, visit the [fcc$retreatportal.com](http://fcc$retreatportal.com).

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**A Resilient Warrior's Journey Forward Retreat**
(formerly called “Beyond a Wounded Warrior”)

March 6 - 8

This retreat is a follow-up two-day retreat designed for military service members or veterans who have already attended other veteran healing retreats or workshops. It is an invitation for veterans to go deeper into their spirituality, especially those facing the challenges of living with post-traumatic stress. The goal is to discover the deeper peace and tranquility found from within.

Fee: Free to all veterans and service members. See brochure/website for more information.

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**How Will You Practice Lent 2020?**

**Live Your Lent With a Purpose**

**Food For Thought Lenten Course**

Deepen your Lenten journey; learn, share, pray, and engage with others. Commit four weeks to reflect on Jesus’ reminder in Matthew 25: “I was hungry, and you gave me something to eat…” Four Mondays in Lent (March 2, 9, 16 and 23) from 6:30 to 8:30 pm. Fee is $40. Pre-registration required. Call Amy at 480.948.7460 ext. 132 or register online.

**When did we see you Hungry?**

For more information about Faith in Action Ministries, contact us at 480.948.746. Patti Sills-Trausch at x130 or socialconcerns@thecasa.org, or Laura Libertore at x156 or laura@thecasa.org.
Check out these Programs—We think you’ll find what you’re looking for!

Feb. 20  Jesus As Prophet in Christian-Muslim Dialogue
Feb. 21  God’s Mercy: Reflections from Medieval Women
Feb. 22  Spirit & Life: New Spiritual Insights of the Writings of St. Francis

Jesus As Prophet in Christian-Muslim Dialogue
Offered Twice:
Thursday, Feb. 20, 10 - 11:30 am
Thursday, Feb. 20, 7 - 8:30 pm
Fr. Steve McMichael, OFM Conv.

Jesus has been seen as the obstacle to the relationship between Christians and Muslims. This presentation focuses on how in contemporary scriptural studies and theology challenge this belief. Jesus’ role as prophet may be a bridge to a more profound relationship between Christians and Muslims.

Fee: $20 per person daytime or evening sessions. Pre-registration required.

God’s Mercy: Reflections
Offered Twice:
Friday, Feb. 21, 10 - 11:30 am
Friday, Feb. 21, 7 - 8:30 pm
Fr. Steve McMichael, OFM Conv.

God’s mercy has been the subject of the papacy in recent years, especially that of Pope Francis. The concept of mercy also appeared in medieval theology and spirituality. This presentation focuses on how God’s mercy appears in the works of such women as Hadewijch, Angela of Foligno, and Catherine of Siena.

Fee: $20 per person daytime or evening sessions. Pre-registration required.

Spirit & Life: New Spiritual Insights of the Writings of St. Francis of Assisi
Saturday, Feb. 22, 9 - 11:30 am
Fr. Steve McMichael, OFM Conv.

The Writings of Francis are the focus of several recent studies among Italian Franciscan scholars. This presentation brings to light the fruits of this writing on Francis’ two “Chartula” (parchments) that are in Assisi and Spoleto (that contain the Praises of God and the Blessing for Brother Leo), and the Canticle of Creatures. One will see that these writings of Francis can still convey to us “Spirit and Life.”

Fee: $25 per person.
Pre-registration is required.

Special Pricing!
Attend all three Fr. Steven McMichael workshops for $60.

For more information or to register for any of these programs please visit thecasa.org or call 480.948.7460 ext. 132

thecasa.org • RENEWAL • Page 7
THE LEGACY WORKSHOP SERIES
Planning Ahead: A Gift of Peace

Part I
Your Story, Your Legacy: Exploring Your Spiritual Legacy
Saturday, Feb. 22, 9 am - Noon
Mary Dunn
No Fee. Space is limited. Pre-registration required.

Part II
Your Story, Your Legacy: Writing Your Legacy Letter
Saturday, Feb. 22, 1 - 3 pm
Mary Dunn
Fee: $20. Space is limited. Pre-registration required.

Part III
Preparing Your Estate Plan
Saturday, Feb. 29, 9:30 - 11 am
Fee: $20 per person. Pre-registration required.

Part IV
Planning for End of Life
Saturday, Mar. 7, 9:30 - 11:30 am
Fee: $20 per person. Pre-registration required.

Register for the complete series for just $65 per person. Includes Part I (no fee), Part II with lunch, Part III and Part IV. Add a second person, registering at the same time, for just $25 more.

Hunger Is No Game
Friday, Feb. 21, 6 - 9 pm
Casa Hunger Action Ministry
The evening will begin with a light dinner, a short movie about hunger issues, and remarks by local legislators about Federal, State and local hunger issues.
Fee: $10 includes light dinner. Pre-registration required.

Food for Thought: Lenten Course on Hunger and Food Insecurity
Monday, Mar. 2, 6:30 - 8:30 pm
Casa Hunger Action Ministry
In this course, through a group experience of dialogue, active listening and prayer, participants engage and grapple with food insecurity.
Fee: $40 per person. Pre-registration required.

The Joy of Journaling
Saturday, Mar. 14, 9 am - Noon
Bonnie Wasniewski
Come for a morning that will give you basic knowledge, tools and that little nudge that can help you discover the joy of journaling and get you started writing!
Fee: $45 per person, includes lunch. Bring your favorite pen and journal or paper. Pre-registration required.

For more information or to register for any of these programs please visit thecasa.org or call 480.948.7460 ext. 132
WINTER RESIDENTS—PLEASE JOIN US FOR THE

Franciscan Renewal Center's
5th Annual Winter Resident Renewing Lives Breakfast
in the Community Life Center

Tuesday, February 25
8:30 am Registration
9 to 10:30 am Breakfast and Program

This is a free fundraising event

RSVP by February 19

For information regarding the RENEWING LIVES initiative, please call 480.355.0357 or email sarah@thecasa.org.

What LEGACY Will You Leave?

We all desire significance – to lead happy and fulfilled lives surrounded by family and friends.

For many of us, there is a compelling need to make a difference — to leave a lasting impact on the people most dear to us and the world in which we live. The search for significance and desire to plan for the future leads many to ponder their legacy. What kind of legacy will you leave?

To learn how you can make a difference in the lives and causes you love, visit our legacy website: www.FRClegacy.org, or contact Mary Dunn at 480.355.0345 or endowment@thecasa.org.
Faith Sharing Groups

**Casa Prayer Partners Ministry** petitions prayers and prays for our human family. Send requests to: CasaPrayerPartners@gmail.com.

**Casa Rosary Prayer Group** Tuesdays, 6 pm in the Meditation Chapel to share our prayer intentions, and those of the community.

**Casa Singles** Single, Divorced, Widowed—AGES 40+, meets on the 2nd Friday of each month at 7 pm. For more information and to be added to the email list, contact Casa@thecasa.org.

**Contemplative Prayer** Thursdays, 7:45 am in the Meditation Chapel. All are welcome.

**Cornerstone at the Casa Meditation** Wednesdays 11:30 am in the Spiritual Direction/Cornerstone Center and Mondays 8:30 am in Room B. All are welcome.

**Interfaith Healing Prayers:** Fridays, following 7 am Mass. Room varies—please contact Front Desk or HealingPrayer@thecasa.org. All are welcome.

**Men in Spirit** This group of Christian men meets the first Saturday of every month for 7 am Mass, breakfast, then discussion, study, lectures and guidance. Contact: Al Sapia-Bosch or Chuck Jirauch: MenInSpirit@thecasa.org.

**Contemplative Prayer** Thursdays, 7:45 am in the Meditation Chapel. All are welcome.

FST Raffle Sale Student Appeal

**WIN your San Francisco Vacation**

Nob Hill Condo - 7 day 
VIP Napa Winery Tour 
Flora Springs Winery 
$1,000 Spending Cash

Raffle Tickets are $100 
(See raffle tickets for details.)

Available after all the weekend Masses at the Casa February 22 - 23 and February 29 - March 1.

The friars ask for your support in this raffle to help continue Franciscan Graduate Education.

Mass Intentions

**February 16, 2020 – February 22, 2020**

**Sunday**  Pro-populo
Michael Fago 9:15 am
Joanne Warren 11:00 am
Adam Zani 7:00 pm

**Monday**  C. Wayne Showalter 7:00 am

**Tuesday**  Joseph Cosgrove 7:00 am

**Wednesday**  Dave Williams 7:00 am

**Thursday**  Dave Williams 7:00 am

**Friday**  Kathleen Johnson 7:00 am

**Saturday**  Kathleen Ann Showalter 7:00 am
Jeff Lo Destro 5:00 pm

For weekly readings, please visit usccb.org.

Mass Intentions for Next Week

**Sunday**:  Pro-populo; Eugene McCormick; Nancy Hardy; Ashley Halle. **Monday**: Michael Keane. **Tuesday**: Casey McMillin. **Wednesday**: Michael Keane. **Thursday**: Theresa Kastel. **Friday**: Joseph Giovenco. **Saturday**: Olga O’Reilly; Joseph Giovenco.

The intentions listed here will be the intentions of the priest and will not be announced to the gathered assembly.

Upcoming Special Collections

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<td>Almsgiving</td>
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<tr>
<td>Mar. 21 &amp; 22</td>
<td>Catholic Relief Services</td>
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<td>Apr. 25 &amp; 26</td>
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About the Franciscan Renewal Center

The Franciscan Renewal Center began in 1951 as a place for retreat programs. Affectionately known as the “Casa de Paz y Bien” or simply “the Casa,” it is today a Catholic renewal center, offering opportunities for spiritual growth, healing and transformation and service to others.

The Casa is an active religious community of the Order of Friars Minor—part of the worldwide Franciscan family, following in the footsteps of Sts. Francis and Clare of Assisi. The Casa is a wholly owned entity of the Franciscan Province of Saint Barbara, based in Oakland, CA, that works cooperatively with the Roman Catholic Diocese of Phoenix. Discover more at TheCasa.org.