Upcoming at the Casa

Discover the Vision Tour
An introduction to the Casa’s mission and ministries.
Thursday, January 16, 6 pm

The Legacy Workshop Series
Part 1: Exploring Your Spiritual Legacy
See page 7 for more details.

Introduction to Biblical Archaeology
With Kathy Feld
Friday, January 31, 9 am - Noon

The Conventual Church of
Our Lady of the Angels
at the Franciscan Renewal Center

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<tr>
<th>Service</th>
<th>Days</th>
<th>Times</th>
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<tr>
<td>Weekend Mass</td>
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<td>Daily Mass</td>
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<td>Holy Day Masses</td>
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<td>Reconciliation</td>
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<td>Centering Prayer</td>
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<td>Sunday</td>
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<td>Books &amp; Blessings</td>
<td>Monday - Wednesday</td>
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Magenta, Periwinkle, and Robin Egg Blue…Oh My!

Do you remember the boxes of Crayola Crayons from your childhood? I remember my first box of 8 basic colors…I loved all the colors, but blue was my favorite. At some point, I graduated to the 16-count box and suddenly, I had blue violet and blue green! I couldn’t wait to use the new colors…no longer would sky and water be the same shade of blue. I also remember thinking what could I possibly do with a white crayon? That took a while to figure out. Then came the big moment of getting the new 64-count box. That was the one with the super cool built-in sharpener on the back. But all the new colors caused me a bit of trepidation too. I felt like I needed to make good use of these new colors and create some great refrigerator-worthy works of art! My favorite basic colors were still there, but now I had robin egg blue and turquoise, and some totally new colors I’d never heard of before, like magenta and periwinkle. Suddenly, I was on a quest to find a way to use the new palette that was at my disposal…with a fancy sharpener and all!

A long-awaited new musical instrument has finally arrived in our church. As of this writing, there is a bit of work still to be done before we can use the organ…but it has arrived! You’ll see the console positioned behind the drum set; this organ has four manuals and 91 drawknobs. The 14 speakers and 2 subwoofers fit neatly behind the screens directly under the large clear northwest window.

I sit before it—with enormous gratitude for the gift—and feeling a little like an anxious 5 year old who just got the 64-count box of crayons, imagining what new things we can create.

Happy Coloring!

Norbert Zwickl
Director of Music and Liturgy

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Special Collection Next Weekend
The Annual Gospel of Life Appeal

Next weekend, we will be taking up the collection for the diocesan Gospel of Life Appeal (formerly Sanctity of Life Appeal). Donations help support the local Church’s mission to uphold the right-to-life of all people from conception to natural death.

For those of you who have opted to use the envelope program, you will find an extra envelope for this purpose in your pack. Since there will be only one collection, please drop this envelope—along with your envelope for your gift to the Casa—in the collection basket.

In case you do not use the envelope program, or if you forget your envelope, you can always find an extra envelope for any of these collections in the Narthex or at the Front Desk.

Why Do We Join in These Collections?

We demonstrate our care and concern for the larger Church, of which we are a part. Offering what we can to the special collections is a reminder that we, as Catholics, belong to a worldwide Church and how we can help others is a way to say thank you to God for the kindness we have been shown.

Other Upcoming Special Collections in 2020:

- Jan. 25 & 26: Guaymas Mission Appeal
- Feb. 1 & 2: Charity & Development Appeal (CDA)
- Lent: San Carlos and San Solano Missions
- Mar. 21 & 22: Catholic Relief Services
- Apr. 10: Good Friday Holy Land collection
- Apr. 25 & 26: Catholic Home Missions
- May 16 & 17: Catholic Communications
- June 27 & 28: Peter’s Pence
- July 11 & 12: Native American and Black Missions
- Aug. 8 & 9: Special Needs in Africa, Latin America and Eastern Europe
- Sep. 19 & 20: The Catholic University
- Oct. 17 & 18: Mission Sunday
- Nov. 21 & 22: Catholic Campaign for Human Development (CCHD)
- Dec. 13 & 14: Religious Retirement Fund

The Feast of the Baptism of the Lord and the Work of Christmas

The feast of the Baptism of the Lord is the official end to the Christmas season. Tomorrow, all the decorations go away; it’s always a bit sad when it’s over. A variety of artists have played with the idea of “why can’t Christmas be everyday.”

The art in our new church tells many stories of our faith and Franciscan tradition. One of these is the story of St. Francis in Greccio, Italy, where he sought to understand the humility of the incarnation of Jesus by bringing to life the Christmas crèche. Francis asked for three things: an ox, a donkey and hay. He wanted to celebrate by calling to mind the inconveniences of Jesus’ birth. How, with animals standing nearby, he lay upon the hay. Francis wanted to remember. He wants us to remember.

Throughout our church, we have images reminding us of Christmas. The hay motif is carved into the altar, the ambo, the presider’s chair, the mensa of the tabernacle, the corners of the baptismal font and repeated on the windows in the Narthex. Straw is pressed into the plaster behind the altar and on the opposite wall. The donkey and the ox are clearly presented in the art glass behind the altar. Not to mention, the nativity bas relief at the end of the center aisle. With all of this imagery throughout our church, how can we not be reminded of Christmas everyday? But to what end?

To mark this day, here’s a poem called “The Work of Christmas Begins” (1973) by Howard Thurman.

> When the song of the angels is stilled,  
> When the star in the sky is gone,  
> When the kings and princes are home,  
> When the shepherds are back with their flocks,  
> The work of Christmas begins:  
> To find the lost, to heal the broken,  
> To feed the hungry, to release the prisoner,  
> To rebuild the nations,  
> To bring peace among the people,  
> To make music in the heart.  

Let us begin.
**Rituals and Traditions for Families**

A ritual is a special way of doing something that is repeated again and again. It has symbolic meaning for the family members—and contributes to family identity, creating a sense of belonging.

Rituals are powerful and, along with family traditions, help to show us and our children who we are and what matters to us.

**Here are some ideas of rituals for families:**

**Bedtime**

Bedtime rituals can be a challenge! Try introducing bedtime prayers to your children to help them develop trust in God as our protector and provider, especially if they are prone to nighttime fears. As your children grow, don’t abandon the bedtime ritual, but adapt it to suit their needs.

**Birthdays and Baptismal Days**

Through Birthday celebrations, emphasize that your children are created in God’s image, unique and loved. Celebrating your child’s baptismal date is a great way to celebrate their relationship with God.

**Every Day**

Some of the best family fun can be had by developing little rituals that are unique to your lives together. Maybe every Friday night is pizza and movie night, or you go for a hike on New Year’s. Doing a simple "Sign of the Cross" on your child’s forehead each day, or morning prayer, can become a ritual. These become anchors for your kids and might even be passed on to their families!

**Meals**

Eating a family meal on a regular basis is a profound ritual. Begin with prayer, make time for conversation, laughter and sharing. Make your table a welcoming place for everyone—family, friends, neighbors!

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**FAMILY FAITH FORMATION**

Jan. 12 Baptism of the Lord!

**REFLECTION:** The Baptism of Jesus marks the end of the Christmas season. It is the third of three great manifestations which characterize this season.

- **Christmas** – when God comes among us
- **Epiphany** – when God comes with a message of salvation for everyone, not just one select group
- **Baptism** – God is seen as especially present in Jesus and working in Him and through Him

Today is a wonderful opportunity to reflect on our own Baptism. It is not something that just happened long ago to make us Catholics, nor is it a short ceremony producing magical effects. It is the beginning of a lifelong journey of growing into the Body of Christ as its members. Baptism is a community experience, not just a private or family event. It involves active participation in the life of the church and not just passive membership.

Each one of us is called to be a living witness to the Gospel—to be the salt of the earth, a city on a hill, a lamp radiating light for all. Our Baptism is a never-ending call to follow in the footsteps of Jesus. So let’s put those shoes on and walk the walk together!

**CONVERSATION:** As a child of God, I know God is pleased with me because...

**PROCLAMATION/DISCUSSION:**

Read Matthew 3:13-17.

- How is Jesus baptized?
- Why does John baptize Jesus?
- What happens when Jesus is baptized?

**ACTION:** Bring out pictures and memoirs of each person’s Baptism—yours too! Recall each Baptism, sharing memories of the day with one another. Continue by sharing ways you have each continued to grow as members of God’s family.

**CONCLUDING PRAYER:** Dear God, thank You for sharing Your life with us at Baptism. Help us to always live as Your children. Amen.
Casa Safe Environment Program

Over the past several years, we have initiated several processes to better safeguard our campus, children, youth, vulnerable adults and all who come here. We are grateful and appreciative of the time and effort made to complete the Casa Safe Environment requirements by hundreds of our volunteers, staff and clergy. Thank you.

If you have not completed the renewal/background check processes, we are urging you to do that now. We extended the deadline to January 15, 2020. If you do not complete the renewal and background check processes, unfortunately, you will be suspended from volunteering until it is completed. Here is the link for the renewal and background check processes that all volunteers, staff and friars are required to complete: https://franciscan-renewal-center.cmgconnect.org/.

If you have any questions about either how to complete the requirements or why we are taking these steps, please contact Pat Bennier, Director, or Charlie Brown, General Manager.

— Pat Bennier, Director of Volunteer Services

For volunteer opportunities, contact Pat Bennier at volunteer@thecasa.org or 480.355.0361

Thank you for your stewardship!

Mass Offerings

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<th>Amount</th>
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<td>$24,325.50</td>
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<td>12.31.17</td>
<td>$26,993.00</td>
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We received 219 collection envelopes.

SUPPORT GROUPS

No appointments required. All Are Welcome.

Monday:
6:30 - 8 pm: Divorce/Separation/Relationship Endings

Tuesday:
5:30 - 7 pm: Grieving the Loss of a Loved One
6:30 - 8 pm: Depression and Anxiety

Books and Blessings

bookstore & spiritual boutique at the Casa

Featuring original art, gifts, jewelry, statuary, greeting cards and books that feed the heart and soul. Located in the Capistrano building.

Monday - Wednesday 10:00 am - 2:00 pm
Thursday - Saturday 10:00 am - 6:30 pm
Sunday 8:30 am - 2:00 pm and 5:30 - 8:30 pm

Please stop by. We look forward to serving you! Visit us online at Booksandblessingsgiftshop.com.

For more information about our Counseling Ministry, please call 480.948.7460, ext. 134 or email: counseling@thecasa.org
Mindfulness and a Balanced Brain
From Reactive to Responsive

A Veterans Reconnect Event
Thursday, January 30, 2020 7- 8:30 pm
Are you an active duty military member, veteran or veteran supporter? If so, come join Jamie Valderrama, lecturer and undergraduate coordinator for the Integrative Health Initiative at Arizona State University as she takes members of the military and their friends through a journey of self-awareness and empowerment via the growing field of mindfulness. This is a highly entertaining and educational presentation. Jamie knows the military. Her husband is a retired Command Sergeant Major.
Fee: Free. Pre-registration is greatly appreciated. Register at frc.retreatportal.com.

In 2020, Let Love Lead

The Hunger Action Ministry is offering these winter 2020 service opportunities. Serve at Desert Mission Food Bank February 10 and March 20, and serve at Saint Vincent de Paul (SVDP) Family Dining Room and Dream Center on January 28 (4 - 6:30 pm). Contact Dolores or Kathy for details and more information, at: hungeraction@thecasa.org.

• Also, save the date for Friday "Night at the Movies" and Conversation with local legislators: Hunger is No Game, Feb. 21, 6 - 9 pm.

The Casa Grounds for Solidarity Ministry, fair trade coffee ministry, is always in need of new volunteers to help sell Café Justo coffee once a month. Next sale is Feb. 8 & 9. Contact Eileen: casagrounds@thecasa.org.

The Casa Habitat Ministry needs builders at 7:30 am for Saturday, January 18; February 8, 15 and 29. March, April and May dates will be announced. Wear closed-toe shoes, and regular work clothes in layers. The construction crew must be at least 16 years old. To build, email: thecasahabitat@thecasa.org.

Look for more details in upcoming bulletins, flyers in the lobby/Narthex and visit thecasa.org website pages and Faith in Action Ministry pages.

St. Patrick Catholic Community will hold a presentation on Sex Trafficking on:

January 16, 2020 at 6:30 pm in Fenlon Hospitality Center

Plan to attend this important presentation to raise awareness and educate ourselves about the realities and myths of this difficult topic.

GUAMAS ANNUAL APPEAL
Featuring Mariachis and the “Folkloric Dancers”

Please join Fr. Tommy King and the CFO Volunteers
JANUARY 25–26
After All the Weekend Masses at Casa

The Friars and Mission Staff ask for your support to continue the programs that feed, clothe, educate and provide much needed medical care to the children and the poorest of the poor living in Guamas!

CASA FRANCISCANA OUTREACH
Illuminating pathways from the injustice of poverty to God’s abundance

For more information about Faith in Action Ministries, contact us at 480.948.746. Patti Sills-Trausch at x130 or socialconcerns@thecasa.org, or Laura Libertore at x156 or laura@thecasa.org.
THE LEGACY WORKSHOP SERIES

Part I
Your Story, Your Legacy: Exploring Your Spiritual Legacy
Saturday, Feb. 22, 9 am - Noon
Mary Dunn
No Fee. Space is limited. Pre-registration required.

Part II
Your Story, Your Legacy: Writing Your Legacy Letter
Saturday, Feb. 22, 1 - 3 pm
Mary Dunn
Fee: $20. Space is limited. Pre-registration required.

Part III
Preparing Your Estate Plan
Saturday, Feb. 29, 9:30 - 11 am
Fee: $20 per person. Pre-registration required.

Part IV
Planning for End of Life
Saturday, Mar. 7, 9:30 - 11:30 am
Fee: $20 per person. Pre-registration required.

Register for the complete series for just $65 per person. Includes Part I (no fee), Part II with lunch, Part III and Part IV. Add a second person, registering at the same time, for just $25 more.

Migrants and Justice and Bees, Oh My! Retreat
Friday, Jan. 17— Sunday, Jan. 19
Martin Marklin

The Honey Bee is not native to North America; she is an immigrant from Europe, Asia, and Africa. In 1940, America had roughly 6 million managed beehives. Today, we have a little more than 2 million, with more mouths to feed. Our bees are transported around the country—to pollinate more than a third of the produce that Americans eat. Like migrant workers, bees work under stressful conditions of night travel.

Fee: $135 commuter, includes meals; with lodging $250 single, $150 double per person. Pre-registration required.

For more information or to register for any of these programs please visit thecasa.org or call 480.948.7460 ext. 132
Introduction to the Nonviolence Leadership Certificate Program Luncheon  
Sunday, Jan. 19, 12:15 - 2:30 pm  
Br. Scott Slattum, OFM

Learn about the Casa’s Certificate Program in Nonviolence Leadership, focused on facilitating nonviolent dialogue and action.

Fee: $20 per person, includes lunch. Pre-registration required.

Veterans Reconnect Event  
Thursday, Jan. 30, 7 - 8:30 pm  
Jamie Valderrama

Fee: Free. Pre-Registration is greatly appreciated.

Introduction to Biblical Archaeology  
Friday, Jan. 31, 9 am - Noon  
Kathy Feld

Come discover what the Franciscans began 800 years ago and continue today. Journey with Kathy in the class from Dan to the Negev Desert with stops at fascinating archaeological sites along the way.

Fee: $45 per person, includes lunch. Pre-registration required.

Balancing Body, Mind & Spirit  
Saturday, Feb. 1, 9 am - 4 pm  
Don Fiore

Learn how to strengthen your body through easy physical movements and good nutrition, and sharpen your mind with Feng Shui principles in this all-day workshop.

Fee: $60 per person, fee includes lunch. Pre-registration required.

God's Mercy: Reflections from Medieval Women  
Offered Twice:  
Friday, Feb. 21, 10 - 11:30 am  
Friday, Feb. 21, 7 - 8:30 pm  
Fr. Steve McMichael, OFM Conv.

Fee: $20 per person daytime or evening sessions. Pre-registration required.

Franciscan Vision Series: St. Francis, Master of Prayer, part 2  
Saturday, Mar. 21, 9 - 11 am  
Fr. Michael Higgins, TOR

Fee: $95 per person.  
Pre-registration required.

Introduction to Centering Prayer  
Saturday, Feb. 15, 9 am - 1 pm  
Sharon Taszarek and Carole Whittaker, PhD

This workshop will provide the foundation for developing a personal practice of Centering Prayer as a practice that leads to contemplation.

Fee: $35, snacks and refreshments provided; lunch is not included. Pre-registration required.

Jesus As Prophet in Christian-Muslim Dialogue  
Offered Twice:  
Thursday, Feb. 20, 10 - 11:30 am  
Thursday, Feb. 20, 7 - 8:30 pm  
Fr. Steven McMichael, OFM Conv.

Fee: $20 per person daytime or evening sessions. Pre-registration required.

Spirit & Life: New Spiritual Insights of the Writings of St. Francis of Assisi  
Saturday, Feb. 22, 9 - 11:30 am  
Fr. Steve McMichael, OFM Conv.

Fee: $25 per person.  
Pre-registration required.

The Joy of Journaling  
Saturday, Mar. 14, 9 am - Noon  
Bonnie Wasniewski

Writing is a powerful form of prayer, meditation and reflection. It can connect us to a higher and deeper level of inner guidance. Journaling can help you develop another aspect of your life. If you have never journaled, this session will introduce you to the joy of journaling.

Fee: $45 per person, includes lunch. Bring your favorite pen and journal or paper. Pre-registration required.

For more information or to register for any of these programs please visit thecasa.org or call 480.948.7460 ext. 132
Thank You!

Sitting a grateful thank you for all those families and friends who sent in a year-end gift to the FRC. Thanks to you, we exceeded our expectations and are deeply appreciative.

As we look out to the remaining 9 months of our FRC fiscal year, our ongoing financial GAP includes several categories where we continue to need additional support of several hundred thousand dollars.

If you are still considering joining our 382 households who are Tau Members and support the Casa with multi-year pledges, please email sue@thecasa.org. Primarily due to the rain on Christmas Eve, our Mass collections where down over $12,000 to budget. We certainly appreciate all who were so generous to the Casa given the rainfall.

The average monthly cost to operate all phases of the FRC with all its hundreds of services, ministries and programs is about $420,000.

We are so blessed to have such impactful homilies, vibrant music ministry, passionate volunteers, hard-working staff, beautiful and safe grounds, meaningful classes, workshops and retreats, donation based counseling and support groups, well developed ministries for families, a very active spiritual direction ministry for anyone seeking spiritual growth, hospital visits, communion to the sick and homebound, free retreats for veterans, and so much more. We constantly hear that the Casa has changed many lives and saved many more. It's important we sustain our mission for ourselves and others.

Peace and Good,
Charlie Brown, General Manager

AN EASY WAY TO CREATE A LEGACY

Every day, the Casa touches the lives of many people. How can we ensure that no one will ever be turned away, and the Casa’s life-giving programs will be sustainable for generations to come?

Endowment is the key.

Now you have the opportunity to endow what you have loved at the Casa! It’s easier than you might think to make a gift to the Casa’s endowment, without affecting your current lifestyle.

To learn more about how the endowment works and the simple way anyone can endow what they love at the Casa, visit our legacy website: www.FRClegacy.org, or contact Mary Dunn, 480.355.0345, mdunn@thecasa.org. You can also pick up the Endowment brochure in the church lobby!
Consider Remembering Your Parish in Your Will.
For further information, please call the Parish Office.

Call Claudia Borders 562.692.0484
www.jspaluch.com

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email: bordersc@jspaluch.com

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Get your name out there by advertising in local parish bulletins. Contact us today for your next advertising move and we will work with you for your next “AD THAT WORKS!”
Check us out at www.jspaluch.com

WHY IS IT
A man wakes up after sleeping under an ADVERTISED blanket on an ADVERTISED mattress and pulls off ADVERTISED pajamas; bathes in an ADVERTISED shower; shaves with an ADVERTISED razor; brushes his teeth with ADVERTISED toothpaste; washes with ADVERTISED soap; puts on ADVERTISED clothes; drinks a cup of ADVERTISED coffee; drives to work in an ADVERTISED car; and then refuses to ADVERTISE believing it doesn’t pay. Later if business is poor he ADVERTISES it for sale. WHY IS IT?
Faith Sharing Groups

Casa Prayer Partners Ministry petitions prayers and prays for our human family. Send requests to: CasaPrayerPartners@gmail.com.

Casa Rosary Prayer Group Tuesdays, 6 pm in the Meditation Chapel to share our prayer intentions, and those of the community.

Casa Singles Single, Divorced, Widowed—AGES 40+, meets on the 2nd Friday of each month at 7 pm. For more information and to be added to the email list, contact rick@thecasa.org.

Contemplative Prayer Thursdays, 7:45 am in the Meditation Chapel. All are welcome.

Cornerstone at the Casa Meditation Wednesdays 11:30 am in the Spiritual Direction/Cornerstone Center and Mondays 8:30 am in Room B. All are welcome.

Interfaith Healing Prayers: Fridays, following 7 am Mass. Room varies—please contact Front Desk or healingprayer@thecasa.org. All are welcome.

Men in Spirit This group of Christian men meets the first Saturday of every month for 7 am Mass, breakfast, then discussion, study, lectures and guidance. Contact: Al Sapia-Bosch or Chuck Jirauch: MenInSpirit@thecasa.org.

The Order of Secular Franciscans (OFS) Peace Fraternity meets at the Casa on the second Sunday of the month from 2 - 4 pm. This canonical Order of the Catholic Church is open to lay Catholics. Contact: Pat Kennedy, OFS, at 602.284.9343.

The Baptism of the Lord—January 12, 2020
Celebrate our common vocation of Baptism. Pray for those who are discerning a call to live their baptismal commitment as religious brothers, sisters, priests or as deacons. If you feel God is offering you the grace of a vocation to the priesthood or consecrated life, contact the Vocation Office at 602-354-2005 or dphx.org/vocations.

Mass Intentions
January 12, 2020 – January 18, 2020

**Sunday**
- Pro-populo
- Kay Curtis
- Bishop Thomas J. O’Brien
- Nancy Hardy

**Monday**
- Nancy Mitchell

**Tuesday**
- Thomas Pleiman

**Wednesday**
- Nytro Smith

**Thursday**
- Dee Hlava
- Michael Simone

**Friday**
- Michael Simone

**Saturday**
- Mary Murrillo Rivera
- Angela Garrido

For weekly readings, please visit usccb.org.

Mass Intentions for Next Week

**Sunday**: Pro-populo; George Nickey; Michael C. McCauley; Walter and Sofia Schmalzer. **Monday**: John McGinley. **Tuesday**: Randy and Mary Schupp. **Wednesday**: Tom Pleiman. **Thursday**: Dick Stewart. **Friday**: Tom Pleiman. **Saturday**: William Chester; Andrea St. James.

The intentions listed here will be the intentions of the priest and will not be announced to the gathered assembly.

About the Franciscan Renewal Center

In 1951, the Casa de Paz y Bien began as a Catholic retreat center in Scottsdale. Now, as the Franciscan Renewal Center (still affectionately called the Casa) we offer opportunities for spiritual growth, healing and transformation that moves lives into the service of others.

The Casa was founded by and is today an active religious community of the Order of Friars Minor—part of the worldwide Franciscan family, following the footsteps of Saints Francis and Clare of Assisi. The Casa is a wholly owned entity of the Franciscan Friars Province of Saint Barbara, based in Oakland, California, that works cooperatively with the Roman Catholic Diocese of Phoenix.

Activities at the Casa include daily Mass, Sunday services, private retreats, gathering space for non-profit groups, as well as volunteer ministries that assist the poor or vulnerable, empower individuals to improve their circumstances, care for the environment, and build community fellowship. Discover more at TheCasa.org or call 480.948.7460.