Upcoming at the Casa

The Legacy Workshop Series
Four-Part Series
See page 7 for dates.

Migrants and Justice and Bees, Oh My! Retreat
With Martin Marklin
Friday, January 17— Sunday, January 19

Introduction to Biblical Archaeology
With Kathy Feld
Friday, January 31, 9 am - Noon

The Conventual Church of
Our Lady of the Angels
at the Franciscan Renewal Center

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<tr>
<th>Activity</th>
<th>Monday - Saturday</th>
<th>Sunday</th>
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<tbody>
<tr>
<td>Weekend Mass</td>
<td>5:00 pm</td>
<td>7:30 am, 9:15 am, 11:00 am, 7:00 pm</td>
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<tr>
<td>Daily Mass</td>
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<tr>
<td>Holy Day Masses</td>
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<td>Reconciliation</td>
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<td>Rosary</td>
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<td>Centering Prayer</td>
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<td>Front Desk Hours</td>
<td>7:30 am - 7:30 pm</td>
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<tr>
<td>Books &amp; Blessings</td>
<td>10:00 am - 2:00 pm</td>
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5802 East Lincoln Drive • Scottsdale, Arizona 85253 • Phone 480.948.7460 • thecasa.org
Feast of the Holy Family

When I was a child, I learned of my parents’ tradition of naming their children after saints. They hoped we would learn to emulate their saintly character. I had fun looking through encyclopedias to find out anything I could about my namesake. My Saint’s Day is August 30, the Feast of St. Rosa de Lima. Like her, I tried faithfully to become good at sewing, gardening, and to this day, I have supported the disadvantaged in my community. On that day, we would celebrate “El Día de mi Santo” or My Feast Day.

On this Feast of the Holy Family, we are all called to celebrate because each of us belongs to a family. Each family is unique in how love is shared among its members. Some become parents when a child is born or adopted, and some become “bonus” parents because they have chosen to be yet another parent figure in a child’s life. And even if we are not parents, we are all someone’s child; all of us have a special place in the heart of a family.

Let’s look to the Holy Family and think about their lives as holy people. Are we coming close to heeding their example? Mary had faith in God and said “Yes” to parenthood. As a mom, she gave Jesus love and support all along the way. Joseph was an amazing “bonus” parent. He was a good provider and protector. Together, Mary and Joseph did their best to be good parents. And Jesus, the Gospels are filled with illustrations about his saintly character.

On this Feast of the Holy Family, we are pointed in the direction of being more compassionate, kind, humble, gentle, and patient; more holy. It is with love and humility that I give thanks to God for guiding me and allowing me to be a part of His Holy Family. Happy Feast Day!

Peace,

Rosa Rodriguez-Saiz, Executive Assistant
New Year's Day / New Year's Eve
Feast of Mary the Mother of God and
a World Day of Prayer for Peace

Wednesday, Jan. 1, 2020 at 11 am
Vigil Mass: Tuesday, Dec. 31, 2019 at 5 pm

Come start the New Year with this wonderfully festive community liturgy. January 1 is the Solemnity of the Blessed Virgin Mary, the Mother of God. It is also designated by the Church as the World Day of Prayer for Peace, a time when the whole Church prays for the peace of the world.

Creator God, we ask Your blessing this New Year upon your gift to us of time.
Bless this new year – its days, weeks, and months,
its holy days, holidays, fasts and feasts – each of its 365 days and nights.
May we remember that all of our days are for celebrating and contemplation, for giving and receiving love.
Through the intercession of the Blessed Virgin Mary, bless us with peace and joy, and grant to us the New Year’s gift of a year of love. Amen.

Thank You
to Our Many Volunteers
for Our Christmas Liturgies

Many, many people are involved each year in our Christmas liturgies! And once again this year, literally, hundreds served! There are simply too many to mention them all by name individually...but the community of Our Lady of the Angels is grateful to each one!

Hospitality Ministers – your cheerful smiles and enthusiastic welcoming demeanor
Art & Environment – all who helped design, create, build and set up all of the lovely environments, inside and outdoors
Eucharistic Ministers – who helped serve the record numbers of communicants
Choir, Musicians and Dancers – young and old, leading us and inspiring us through the sharing of your talents
Childrens Celebration – portraying the Gospel Christmas story so faithfully
Lectors – proclaiming the readings with great passion and devotion

And more...any oversight is purely unintentional...but just another way of saying that this truly takes a community.

What a beautiful manifestation of goodness...to see so many people working together in order to help create such a meaningful celebration of our faith.

Joy to the World,
the Lord Has Indeed Come!
## Activities for Catholic Families

### January

**Jan. 1** Celebrate *New Year’s Day or Eve* with your family! Make it a memorable day with treats, activities and family togetherness. *Solemnity of Mary, Mother of God* – Attend Mass as part of your New Year’s Day activities.

**Jan. 3** *Holy Name of Jesus* – make a decorative sign with Jesus’ name on it.

**Jan. 6** Do an *Epiphany* Home Blessing by writing 20+C+M+B+20 above your door in chalk. Go *stargazing*, find the brightest star and pretend you are the wisemen searching for Jesus. *Make a King Cake* – recipe at [www.reallifeathome.com/easy-king-cake-20-minutes/](http://www.reallifeathome.com/easy-king-cake-20-minutes/).

**Jan. 12** Celebrate the *Baptism of the Lord* by pulling out the pictures and retelling the story of your children’s baptisms.

**Jan. 31** Learn to juggle like *St. John Bosco* did to entertain people.

## Family Faith Activities

### Dec. 29  Feast of the Holy Family

**REFLECTION:** We may not always be as successful as we would like, but as parents we try to create some stability for our children. It must have been hard for Mary and Joseph to bring their child into the world in such a hurried and rustic environment. Barely had the child been born and visited by the Magi, when the Holy Family made a late-night escape through unfamiliar territory to an even more unfamiliar land they would call home until Herod died. At the news of Herod’s death, Joseph moved his young family back to Israel, but to a still different place from where he called home. The movement of our lives may not be as dramatic and life-threatening as that of the Holy Family, but it surely helps us to know that the presence of God is the one continuous thread that binds us together no matter where we are (Loyola Press).

**CONVERSATION:**
What makes your family a holy family?

**PROCLAMATION/DISCUSSION:** Read: Matthew 2:13-15, 19-23. How does Joseph listen to God? How does Joseph take care of his family? Why does Joseph take Mary and Jesus to Egypt? Why does Joseph take Mary and Jesus to Nazareth?

**ACTION:** Celebrate your own “Holy Family.” Plan an outing and spend the time enjoying each others company.

**PRAYER:** *Let us Pray.* O God, bless all our families so that we may love one another and follow the example of the Holy Family. Amen.

For Baptisms, Sacramental Preparation and Family Catechesis, contact Patty Tafolla at 480.355.0359 or dcm@thecasa.org; Donna Kinzie at 480.355.0344 or donna@thecasa.org; for Youth Ministry contact James Whitaker at 480.355.0343 or youth@thecasa.org

Page 4 • RENEWAL • thecasa.org
New Year - New Opportunities!
Serving as a volunteer can benefit you and your community in 2020.

For volunteer opportunities, contact Pat Bennier at volunteer@thecasa.org or 480.355.0361

Thank you for your stewardship!

Mass Offerings

<table>
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<tr>
<th>Date</th>
<th>Amount</th>
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<td>$20,777.50</td>
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<td>12.16.18</td>
<td>$22,668.49</td>
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<td>12.17.17</td>
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We received 294 collection envelopes.

SUPPORT GROUPS

No appointments required. All Are Welcome.

Monday:
6:30 - 8 pm: Divorce/Separation/Relationship Endings

Tuesday:
5:30 - 7 pm: Grieving the Loss of a Loved One
6:30 - 8 pm: Depression and Anxiety

Books and Blessings
bookstore & spiritual boutique at the Casa

Featuring original art, gifts, jewelry, statuary, greeting cards and books that feed the heart and soul. Located in the Capistrano building.

Monday - Wednesday 10:00 am - 2:00 pm
Thursday - Saturday 10:00 am - 6:30 pm
Sunday 8:30 am - 2:00 pm and 5:30 - 8:30 pm

Please stop by. We look forward to serving you! Visit us online at Booksandblessingsgiftshop.com.

For more information about our Counseling Ministry, please call 480.948.7460, ext. 134 or email: counseling@thecasa.org
Every Home Changes Lives.
Casa Habitat Ministry
13th and 14th Homes the Casa Community Has Helped to Build.

We need your help in January and February to complete the 13th Habitat Home, built in partnership with the St. Patrick Catholic Community. We will also begin the build with the Caritas Catholic Coalition, our 14th home.

No tools or experience required. Wear closed-toe shoes, and regular work clothes in layers. The construction crew must be at least 16 years old to be on site. Builds start at 7:30 am.

Build dates: January 18 and 25, February 8, 15 and Feb 29. Want more information? Email thecasahabitat@thecasa.org.

Please support the Casa/FRC Habitat Ministry with your AZ tax credit. See the Casa’s Faith in Action-Habitat for Humanity Ministry webpage for explanation and details.

Care for Creation Ministry team invites you to attend the retreat:
Migrants and Justice and Bees, Oh My! on January 17 - 19, 2020

What can we learn from the beloved honey bee? How is the beehive an image of beauty and transformation? Who are we called to be as bearers of light in the world?

Honey bees offer us a model of Christian living through their highly social communities that labor in harmony for a common goal. Spiritual lessons from the beehive are woven together with Pope Francis’ message in Laudato Si—care for each other and care for our common home.

Fee: $135 commuter, includes meals; with lodging $250 single, $150 double per person.

Hunger Action Ministry
Winter/Spring Service 2020

Service Opportunities with
Desert Mission Food Bank and
St. Vincent de Paul Dinner/Dream Center

A variety of dates and times will be available from January through April.


Serve at Saint Vincent de Paul (SVDP) Family Dining Room and Dream Center on January 28 (4 - 6:30 pm).

Watch the bulletin and contact Dolores or Kathy for details and more information, at: hungeraction@thecasa.org.

Faith in Action..... Joy in Action
Happy New Year

In Gaudete exsultate (rejoice and be glad) Pope Francis asks us to consider joyful holy-ness; "not to settle for a bland and mediocre existence." (§1) What brings joy to your life? How do you “walk the talk” of the Gospel (love, compassion, justice and peace) in our world today?

Not everyone is drawn to the same issues, nor wants to work in the same way on those issues. Yet “growth in holiness is a journey in community, side by side with others.”(§141). We accomplish so much more when we act together, supporting each other as we stand up for what we value and practice what Scripture proclaims.

We give thanks for the 15 Faith in Action Ministry teams who put their faith and their joy into action.

Visit our webpages to learn more about these ministry teams: https://thecasa.org/faith-in-action/.

Contact us at 480.948.7460 Patti Sills-Trausch at x130 or socialconcerns@thecasa.org, Laura Libertore at x156 or laura@thecasa.org or Bonnie Wasniewski at x155 or bonnie@thecasa.org
Looking at New Programs in the NEW Year!

Jan. 30, 2020  
A Veterans Reconnect Event: Mindfulness and a Balanced Brain

Feb. 8  
Peace Within & Walking Labyrinth Meditation

Feb. 8  

THE LEGACY WORKSHOP SERIES

Part I
Your Story, Your Legacy: Exploring Your Spiritual Legacy  
Saturday, Feb. 22, 9 am - Noon  
Mary Dunn  
No Fee. Space is limited. Pre-registration is required.

Part II
Your Story, Your Legacy: Writing Your Legacy Letter  
Saturday, Feb. 22, 1 - 3 pm  
Mary Dunn  
Fee: $20. Space is limited. Pre-registration is required.

Part III
Preparing Your Estate Plan  
Saturday, Feb. 29, 9:30 - 11 am  
Fee: $20 per person. Pre-registration is required.

Part IV
Planning for End of Life  
Saturday, Mar. 7, 9:30 - 11:30 am  
Fee: $20 per person. Pre-registration required.

Register for the complete series for just $65 per person. Includes Part I (no fee), Part II with lunch, Part III and Part IV. Add a second person, registering at the same time, for just $25 more.

For more information or to register for any of these programs please visit thecasa.org or call 480.948.7460 ext. 132
T'ai Chi/Qigong
Monday, Jan. 6, 6:30 - 7:30 pm
Jake Zinn
T'ai Chi and Qigong are easy to learn movements recommended by the American Medical Association for reducing stress while increasing one's natural energy and health. Improve your range of motion! Improve your coordination and balance! Do this while learning an exercise that will help you relax. Wear loose clothing and comfortable shoes.

Fee: $60 for 5 week sessions, registration required. Space is limited.

Introduction to the Nonviolence Leadership Certificate Program Luncheon
Sunday, Jan. 19
12:15 - 2:30 pm
Br. Scott Slattum, OFM
Learn about the Casa’s Certificate Program in Nonviolence Leadership, focused on facilitating nonviolent dialogue and action.

Fee: $20 per person, includes lunch. Pre-registration is required.

Introduction to Biblical Archaeology
Friday, Jan. 31, 9 am - Noon
Kathy Feld
Step into the physical world of the Bible and Jesus’ time through Biblical Archaeology. Come discover what the Franciscans began 800 years ago and continue today. Journey with Kathy in the class from Dan to the Negev Desert with stops at fascinating archaeological sites along the way. Discover the culture, living conditions, writings, language and politics of Jesus’ time through Biblical Archeology. With these tools, the Bible comes alive!

Fee: $45 per person, includes lunch. Pre-registration required.

Balancing Body, Mind & Spirit
Saturday, Feb. 1, 9 am - 4 pm
Don Fiore
Learn how to strengthen your body through easy physical movements and good nutrition, and sharpen your mind with Feng Shui principles in this all-day workshop.

Fee: $60 per person, fee includes lunch. Pre-registration required. Limited to 25 participants.

Introduction to Centering Prayer
Saturday, Feb. 15, 9 - 1 pm
Sharon Taszarek and Carole Whittaker, PhD
This workshop will provide the foundation for developing a personal practice of Centering Prayer as a practice that leads to contemplation.

Fee: $35, snacks and refreshments provided; lunch is not included. Pre-registration required.

Migrants and Justice and Bees, Oh My! Retreat
Friday, Jan. 17—Sunday, Jan. 19
Martin Marklin
Honey bees offer us a model of Christian living through their highly social communities that labor in harmony for a common goal. This unique and interactive retreat blends lively presentations, reflections, discussions, engaging prayer, and hands-on workshops.

Fee: $135 commuter, includes meals; with lodging $250 single, $150 double per person. Pre-registration is required.

For more information or to register for any of these programs please visit thecasa.org or call 480.948.7460 ext. 132
Happy New Year

Can you believe the year 2020 is just days away? Are you a New Year’s Resolution type of person? As we enter a new decade, let’s take a closer look at the type of resolutions we make going forward. Instead of the standard resolution of “I will lose 10 pounds,“ or “I will exercise more,“ and not actually keep that resolution past January, it’s time to think outside the box. Let’s make resolutions that are more about others, and less about ourselves.

Resolve to be kinder, less judgmental and tolerant. Resolve to stop by an elderly neighbor’s home a couple times a month just to say hello. Resolve to tell your family and friends that you love them. Resolve to donate food to a food bank when it’s NOT the holidays. Resolve to volunteer or donate blood. Resolve to be grateful.

Imagine what a happier New Year everyone would have if each one of us stepped outside ourselves and resolved to be there for others.

I wish you and your family a Blessed and Happy New Year!

—Sue Force, Donor Relations, 480.355.5631

Legacy Made Simple

Have you been thinking about making the Casa a part of your legacy but need to find a way to keep it simple? If so, a beneficiary designation of assets you own may be just the solution.

Consider –

Life insurance

You likely purchased life insurance to protect your family’s financial security in the event something happened to you. Perhaps circumstances have changed, and your family no longer needs as much financial protection. With a simple change of beneficiary form, you can designate the Casa to receive a percentage of the death benefit on your policy. Unlike changing your will or trust, there is no cost to changing the beneficiary of your life insurance. And, we can help with the paperwork so it takes very little of your time!

Retirement assets

Qualified retirement accounts such as IRAs, 401(k) and 403(b) plans, can also be used to make a simple legacy gift. You can designate the Casa to receive a percentage of the assets, or a specific asset, in your retirement account by completing a beneficiary designation form provided by your plan administrator.

To learn more about the benefits and options for making a beneficiary designation, please look for our Legacy Made Simple card in the narthex of the church or the lobby. You can also learn more by visiting our legacy website: http://www.frclegacy.org/, or contacting Mary Dunn, 480.355.0345, mdunn@thecasa.org.

For information regarding the RENEWING LIVES initiative, please call 480.355.0357 or email sarah@thecasa.org
Take your FAITH ON A JOURNEY.

Call us today at 860-399-1785 or email eileen@CatholicCruisesandTours.com

www.CatholicCruisesandTours.com

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H E A R T H '61
Faith Sharing Groups

Casa Prayer Partners Ministry petitions prayers and prays for our human family.  
Send requests to:  CasaPrayerPartners@gmail.com.

Casa Rosary Group Tuesday, 6 pm in the Meditation Chapel to share our prayer intentions, and those of the community.

Casa Singles Single, Divorced, Widowed—AGES 40+, meets on the 2nd Friday of each month at 7 pm. For more information and to be added to the email list, contact rick@thecasa.org.

Contemplative Prayer Thursdays, 7:45 am in the Meditation Chapel. All are welcome.

Cornerstone at the Casa Meditation Wednesdays 11:30 am in the Spiritual Direction/Cornerstone Center and Mondays 8:30 am in Room B. All are welcome.

Interfaith Healing Prayers Fridays, following 7 am Mass. Room varies—please contact Front Desk or healingprayer@thecasa.org. All are welcome.

Men in Spirit This group of Christian men meets the first Saturday of every month for 7 am Mass, breakfast, then discussion, study, lectures and guidance. Contact: Al Sapia-Bosch or Chuck Jirauch: MenInSpirit@thecasa.org.

The Order of Secular Franciscans (OFS) Peace Fraternity meets at the Casa on the second Sunday of the month from 2 - 4 pm. This canonical Order of the Catholic Church is open to lay Catholics. Contact: Pat Kennedy, OFS, at 602.284.9343.

Spiritual Direction

A spiritual director/companion is trained to listen and encourage you to explore a closer relationship with God through conversation, listening and prayer. If you are curious about spiritual direction at the Casa, or would like to make an appointment, please contact: Cathy Olds at 480.948.7460, x162 or spiritualdirection@thecasa.org.

Nonprofit Meetings and Conferences

Nonprofit organizations are offered an exclusively serene gathering place for meetings, conferences and special events. For more information about hosting your next nonprofit event at the Casa, contact Indra Rodney, Director of Meetings & Conferences at 480.355.5632 or indra@thecasa.org.

Upcoming Special Collections

| Jan. 18, 19 | Gospel of Life |
| Jan. 25, 26 | Guaymas Mission Appeal |
| Feb. 1, 2   | CDA |

Mass Intentions

December 29, 2019 – January 4, 2020

**Sunday**  Pro-populo  7:30 am  
Lawrence Wolf  9:15 am  
Cathie Nelson  11:00 am  
Joseph (Joe) Clements  7:00 pm

**Monday**  Larry Schwietz  7:00 am

**Tuesday**  Loretto Walace (91st Birthday)  7:00 am

**Wednesday**  Mary Murrillo Rivera  11:00 am

**Thursday**  Maureen Gedert  7:00 am

**Friday**  Stephen Stark  7:00 am

**Saturday**  Catherine Rossi  7:00 am  
Rosemary Lawlor  5:00 pm

For weekly readings, please visit usccb.org.

Mass Intentions for Next Week

**Sunday**: Benefactors FMU; Pro-populo; Jim Shikany; Julie Martin.  **Monday**: Shayna Mansfield.  **Tuesday**: John J. Smith.  **Wednesday**: Mary A. Smith and Family.  **Thursday**: Peter Reilly.  **Friday**: Dr. Timothy Kuberski.  **Saturday**: David Gardos; Christian Munz.

The intentions listed here will be the intentions of the priest and will not be announced to the gathered assembly.

About the Franciscan Renewal Center

In 1951, the Casa de Paz y Bien began as a Catholic retreat center in Scottsdale. Now, as the Franciscan Renewal Center (still affectionately called the Casa) we offer opportunities for spiritual growth, healing and transformation that moves lives into the service of others.

The Casa was founded by and is today an active religious community of the Order of Friars Minor—part of the worldwide Franciscan family, following the footsteps of Saints Francis and Clare of Assisi. The Casa is a wholly owned entity of the Franciscan Friars Province of Saint Barbara, based in Oakland, California, that works cooperatively with the Roman Catholic Diocese of Phoenix.

Activities at the Casa include daily Mass, Sunday services, private retreats, gathering space for non-profit groups, as well as volunteer ministries that assist the poor or vulnerable, empower individuals to improve their circumstances, care for the environment, and build community fellowship. Discover more at TheCasa.org or call 480.948.7460.