Donate items to the **Casa FOOD-FOR-A-MEAL Bags** to be assembled at the Hunger Action Sunday workshop on September 22. Workshop starts at 12:15 p.m. Registration is required for the workshop at [http://www.thecasa.org](http://www.thecasa.org) website.

- Our goal is to assemble 300 *Casa Food-for-a-Meal Bags*. The bags will include such items as: pouches of tuna fish, box of macaroni and cheese, cans of low sodium vegetables, protein bars, etc.
- All sign-ups are through [Sign-Up Genius](https://www.signupgenius.com). The [Sign-Up Genius](https://www.signupgenius.com) will offer the number of items needed and will track items; thus the Hunger Action Ministry (HAM) will know how many of each item we expect to receive. You will be asked to sign-up to bring multiple numbers of one item (e.g. 8 pouches of tuna fish, 6 cans of low sodium vegetables, etc.)
- Visit Hospitality on August 17/18, August 24/25, September 7/8, September 14/15 to sign-up electronically.
- Or you can sign-up from your home computer, cell phone or tablet; type in this link [https://www.signupgenius.com/go/20f0d4ea8ac2fa6fe3-trial](https://www.signupgenius.com/go/20f0d4ea8ac2fa6fe3-trial) or go to the sign-up genius Web/Home page and “search for a sign up.” Insert [pbrfbdz@yahoo.com](mailto:pbrfbdz@yahoo.com) into the search field, prove you are not a robot, and it will take you to the sign-up created by Pam Bork “Hunger Action Ministry September event sign-up.” Click on that and you will be at the sign-up page. Follow the instructions.

**Collection of donated items**: items are to be brought to the HAM table outside the church on **Saturday, September 22** (after 5 pm mass) or the **morning of Sunday, September 22** (before NOON).

Contact [Hungeraction@thecasa.org](mailto:Hungeraction@thecasa.org) for more information or with any questions.