

Hunger Action Workshop: Through Our Hands



Feeding the hungry is prayer in action.

Through Our Hands
We Serve in Love



Sunday, September 22
12:15 to 3 pm

*“Make us worthy, Lord, to serve those throughout the world who live in poverty or hunger. Give them, **through our hands**, this day their daily bread; and by our understanding love, give peace and joy.”*
- St. Teresa of Calcutta (Mother Teresa)

Feed the hungry and feed your spirit:

- **Through our understanding, we aim to be worthy to serve.** Lunch and conversation with Yolanda A. Soto, President and CEO of Borderlands Produce Rescue. Learn how this local organization, for 25 years, has helped to nutritiously feed the vulnerable by rescuing 600 million pounds of fresh produce. Also, when we curb food waste, we help save the planet.
- **Through our hands, we serve in love.** Together, we will assemble *Casa Food-for-a-Meal Bags*. These bags provide additional resources for food insecure clients and are distributed by the Desert Mission Food Bank.

Fee: \$10 per person plus donations for the *Casa Food-for-a-Meal Bags*. Fee includes a simple lunch. Family discount for children under 10 years old: \$5 for children ages 6-10; free for children age 5 and younger. Lunch is provided by the Hunger Action Ministry. You can [register online](#) but to take advantage of the child discount, or the lunch options, please register and call Amy at 480-948-7460 Ext. 132. If you do not call Amy, you will be given the basic lunch. **Registration closes at NOON on Friday, September 13.** *Scholarships are available.*

Sponsored by the Casa Hunger Action Ministry.

To register, visit thecasa.org or call 480.948.7460



Franciscan Renewal Center
Peace. Renewal. Good.

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800.356.3247 toll free

thecasa.org
All are welcome.

Hunger Action Speaker: Yolanda A. Soto is the President and CEO of Borderlands Produce Rescue (BPR) in Nogales, AZ since its inception in 1995. As a nonprofit, the mission of BPR is to help feed the vulnerable *nutritiously* through Local, State, and Out-of-State partnerships with community organizations.



- Living and working in a produce rich region, Yolanda has guided BPR in rescuing millions of pounds of fresh produce which otherwise would have been dumped into the local landfill.
- BPR annually rescues approximately 30-40 million pounds of fresh produce.
- The Non-Profit Times awarded Yolanda one of the most influential people of 2015 for P.O.W.W.O.W. (Produce on Wheels With-Out Waste). It is an Arizona product distribution program and models how other States and Cities can rescue produce.

Yolanda has dedicated her life helping the less fortunate. Closest to her heart is the 24 plus years spent with BPR concentrating on waste and hunger. She believes the most basic of human needs and rights is eating *nutritiously* along with our obligation to CURB FOOD WASTE to help save our planet!

Casa Hunger Action—Making a difference through Awareness, Advocacy and Action

As a community we have assembled almost a thousand *Casa Kindness Bags* to offer to our homeless brothers and sisters. Instead, this year we are offering our kindness to individuals, children and families who are food insecure through assembly of *Casa Food-for-a-Meal Bags* for the Desert Mission Food Bank. Desert Mission combats hunger across the income spectrum by helping to bridge nutrition gaps that negatively affect the health and well-being of community residents.



Please help us ACT against Hunger:



Donate funds to purchase *Casa Food-for-a-Meal Bags* items.

Donations are accepted at the Hunger Action hospitality table after all masses of the following weekends: August 17 & 18, August 24 & 25, September 7 & 8, September 14 & 15. Checks/cash are most appreciated. Checks should be made payable to The Franciscan Renewal Center, and include *Hunger Action* on the memo line. We cannot accept credit cards. With your donation you can receive the Hunger Action tote bag.

Donate Casa FOOD-FOR-A-MEAL Bag Items Visit Hospitality [on the above mentioned weekends] to find out how to provide items for inclusion in our *Casa Food-for-a-Meal Bags*. You are asked to sign-up electronically through [Sign-Up Genius](#).

Information will be provided at the hospitality table or by emailing hungeraction@thecasa.org. Our goal is 300 *Casa Food-for-a-Meal Bags*. The bags will include such items as: pouches of tuna fish, box of macaroni and cheese, cans of low sodium vegetables and light fruit, protein bars, etc. A complete list will be provided at the hospitality tables. The *Sign-Up Genius* will offer the number of items needed and will track items so we know how many of each we expect to receive. **Collection of donated items:** items are to be brought to the Casa Hospitality area on **Saturday, September 22** (after 5 pm mass) or the **morning of Sunday, September 22** (before NOON).

Attend our Community Event on September 22 [Please register online](#). \$10.00 fee for Lunch, Workshop with Yolanda Soto followed by assembling the *Casa-Food-for-a-Meal Bags* for distribution.

- We are offering a children's program after families have had lunch together. Family/child discount offered for under 10 years old: \$5 fee for children ages 6-10, free for children age 5 and younger. Please call Amy to take advantage of this discount.
- The "simple lunch" includes a sandwich, side items, and dessert. We offer a vegetarian and a gluten-free option. If you register online, you must still call Amy to order your special lunch preference. If you do not call her, you will be given the basic simple lunch.

To take advantage of the child discount or the lunch options phone Amy: 480.948.7460, Ext. 132.

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