Upcoming at the Casa

Spiritual Spa Weekend Mother / Daughter
The weekend is for Mothers & their Daughters who are high school age and younger.
Friday, August 23—Sunday, August 25

Mindful Meditation
With Debbie Holexa
Saturday, September 7, 9 am - 3 pm

Reach for the Stars
With Susan Wrubel
Begins Wednesday, October 2, 7 - 8:30 pm
Everyone Deserves a Safe Environment

The protection of minors and vulnerable adults in the context of participation in church activities remains an ongoing project for all religious institutions. Since 2002, the process of providing Safe Environment Training and conducting appropriate background checks has reduced the incidence of abuse dramatically.

Since its inception, the Franciscan Renewal Center has worked with the Diocese of Phoenix to offer Safe Environment Training (SET) to our clergy, employees, and volunteers. This summer, the Diocese of Phoenix has implemented an entirely new system for training volunteers who work with these vulnerable populations, as well as for tracking renewals, background checks, etc.

Working with the Diocese, we here at the Casa have decided to manage training and tracking of renewals independently of the Diocese. This makes training easier to obtain and keeps tracking local, here at the Casa.

The Franciscan Renewal Center is establishing the highest standards for a Safe Environment program to demonstrate our absolute and unwavering commitment to the physical and emotional safety of all children, youth, and vulnerable adults. Very soon, every volunteer, employee, and clergy member will be receiving instructions on how to sign up for our new program and the new processes that will be put in place. Meanwhile, your current status will remain in effect.

If you have any questions, please feel free to ask. We have a new Safe Environment team ready to assist.

Pat Bennier – Lead SET Coordinator
Margie Camacho – SET Data Base Coordinator
Colleen Rogers – Lead SET Adult Trainer
Patty Tafolla – SET Coordinator for Family Faith Formation
Donna Kinzie – SET Coordinator for Materials and Resources
James Whitaker – SET Trainer and Coordinator for Youth and Youth Volunteers

DISCOVER THE VISION

Friars and staff will take you on a one-hour, behind-the-scenes tour of the Casa’s unique services and ministries.

Thursdays
July 18 6:00 pm
August 1 11:00 am
August 15 6:00 pm
September 5 11:00 am

Reserve your spot today:
online: thecasa.org/discover-vision/
phone: 480.355.5631
e-mail: rsvp@thecasa.org

CHURCH ART & ARCHITECTURE

Special Summer Schedule
Tours for Families, Friends, and Groups by request one week in advance.

To schedule a summer tour:
phone: 480.948.7460 (Front Desk)
e-mail: churchtours@thecasa.org

TAKE A TOUR
Are you considering becoming Catholic?

If so, then you are invited to explore “A Journey in Faith: The Rite of Christian Initiation of Adults” — known as the R.C.I.A. The R.C.I.A. is the sacramental formation process that prepares individuals for living the Christian life in the Roman Catholic community and tradition. The R.C.I.A. sessions will begin in October. The first four “inquiry sessions” are designed to help you discern whether or not you want to continue on this Journey in Faith through full initiation into the Roman Catholic Church next Easter.

Please call Kathleen Garast at 480.483.3803 for more information. You can also email your questions to rcia@thecasa.org.

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Mass with the Anointing of the Sick
Saturday, August 10 at 10:30 am

All are welcome to attend this special Mass.

When the Sacrament of Anointing of the Sick is given, the hoped-for effect is that, if it be God's will, the person be physically healed of illness. But, even if there is no physical healing, the primary effect of the Sacrament is a spiritual healing by which the sick person receives the Holy Spirit's gift of peace and courage to deal with the difficulties that accompany serious illness or the frailty of old age.

Is anyone among you suffering? He should pray.
Is anyone in good spirits? He should sing praise.
Is anyone among you sick?
He should summon the presbyters of the church, and they should pray over him and anoint him with oil in the name of the Lord, and the prayer of faith will save the sick person, and the Lord will raise him up.

(James 5:13-20)

The Feast of Our Lady of the Angels
Friday, August 2, Mass at 7 pm

Come celebrate this unique feast day for our community in this festive Liturgy with the Casa Choir and musicians!

Understand more of our Franciscan heritage as we commemorate our namesake … the Portiuncula in Assisi.

The Chapel of Our Lady of the Angels in Assisi

Transitus: The memorial of the passing of St. Clare of Assisi
Saturday, August 10 at 7 pm in the Church.

Each year, lovers of St. Clare from all over the world solemnly gather to commemorate a touching event in her remarkable life. The Transitus of St. Clare is celebrated on August 10, the eve of her feast day, to commemorate her passage from earthly life to everlasting life.

Join the Casa Choir and musicians on this night as we recall some of the legends of St. Clare while we encourage one another to live lives of praise. The Transitus uniquely celebrates our Franciscan identity by rooting ourselves ritually, both in sacred Scripture and the historical foundations of the tradition.

Are you considering becoming Catholic?

If so, then you are invited to explore “A Journey in Faith: The Rite of Christian Initiation of Adults” — known as the R.C.I.A. The R.C.I.A. is the sacramental formation process that prepares individuals for living the Christian life in the Roman Catholic community and tradition. The R.C.I.A. sessions will begin in October. The first four “inquiry sessions” are designed to help you discern whether or not you want to continue on this Journey in Faith through full initiation into the Roman Catholic Church next Easter.

Please call Kathleen Garast at 480.483.3803 for more information. You can also email your questions to rcia@thecasa.org.
FAMILY CATECHESIS, SACRAMENTAL PREPARATION & YOUTH MINISTRY

**Family Faith Formation July 28**
The Seventeenth Sunday of Ordinary Time

**REFLECTION:** It was the custom for a Jewish rabbi to teach his followers a simple prayer they could regularly use. Today, we hear the disciples make a similar request. In response, Jesus does even more for them. He teaches them what to pray for, how to pray, and what results they can expect from their prayer. Interesting note is that the disciples asked Him to teach them how to pray and not just words to say.

As parents responsible for the faith formation of our kids, it is important to look at what prayer is for us. What does it mean to pray? How do we pray? There are so many ways to pray — Litanies, Rosary, Intercessions, Praise, even the Mass itself! Each of us, being unique, will have a unique prayer style. I believe that most importantly, it is about relationship between us and God. Think about what it takes to make a friend — communication, taking the time for that person and getting to know them. Same with God. This doesn’t have to be difficult. As busy families, we just incorporate into our lives — grace around the table, blessings before going to school or work, bedtime prayers, even the Sign of the Cross is a prayer. It is easy to just recite a prayer. This week, dig deeper into the words and meaning.

**CONVERSATION:** When it is difficult to pray, I ...

**PROCLAMATION/DISCUSSION:** LUKE 11:1-13
How does Jesus want us to pray? What prayer does Jesus teach us? What does Jesus call God?

**ACTION:** Family Lord’s Prayer:
This week, as a family, reword the prayer in a way that brings meaning to your lives. What is the daily bread that you need? What hurts need to be forgiven? What tempts us to not follow God’s ways? This week, focus on each phrase, and encourage everyone to think about exactly what they are saying or asking for when they recite this familiar prayer.

**PRAYER:** The Our Father!
Changes are coming to the
Casa Safe Environment Program

Our Safe Environment Enrollment and Renewal is transitioning to a new database. Details will be coming soon. Meanwhile, your current status will remain be effect. Watch for information about our new and improved program.

For volunteer opportunities, contact Pat Bennier at volunteer@thecasa.org or 480.355.0361

EMAIL SIGN-UP

Would you like this weekly bulletin and the monthly Casa Connection newsletter delivered to your inbox?

Sign up today at: thecasa.org/e-mail-newsletter/

SUPPORT GROUPS

No appointments required. All are Welcome.

**Monday:**
6:30 - 8 pm: Divorce/Separation/Relationship Endings

**Tuesday:**
5:30 - 7 pm: Grieving the Loss of a Loved One
6:30 - 8 pm: Depression and Anxiety

**Wednesday:**
6:30 - 8 pm: Addiction & Family

Books and Blessings
bookstore & spiritual boutique at the Casa

Featuring original art, gifts, jewelry, statuary, greeting cards and books that feed the heart and soul. Located in the Capistrano building.

Monday - Wednesday 10:00 am - 2:00 pm
Thursday - Saturday 10:00 am - 6:30 pm
Sunday 8:30 am - 2:00 pm and 5:30 - 8:30 pm

Please stop by. We look forward to serving you!
Visit us online at Booksandblessingsgiftshop.com

For more information about our Counseling Ministry, please call 480.948.7460, ext. 134 or email: counseling@thecasa.org
Let Love Lead

**Faith in Action Upcoming Events/Programs**

**Saturday morning through lunch, September 21, World Day of Peace**, Morning aerial photo, interfaith prayer service/Peace Award, Peace Picnic.

**Sunday afternoon, September 22, Hunger Action**

Through our Hands We Serve in Love speaker Yolanda Soto from Borderlands Rescue Produce and Casa Food for a Meal Bags assembly.

**Sunday morning, October 6, Casa Habitat Ministry presents Habitat: A Chance to Thrive.** How Habitat for Humanity makes a difference in the affordable housing crisis in central Arizona.

**Tuesday Night, October 15**, the Casa Veteran Ministry provides a presentation on the Veterans Court, which rehabilitates and restores veterans to be active, contributing members of their community.

Look for more details in upcoming bulletins, flyers in the lobby or narthex, and visit thecas.org calendar pages and Faith in Action pages.

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**Arizona Career Pathways**

Do you know someone who is in need of a living wage and is looking for a new career in the fields of healthcare, IT, cyber security, construction trades, and more...?

If you, or someone you know, have a High school diploma or GED, are a U.S. citizen or legal resident, and have a household income of 200% or less of federal poverty level, you may qualify for this program, and they will assist you in getting financial aid as needed.

If you are interested, plan to attend one of the information sessions. You can also find more info at their website: [www.azcareerpathways.org](http://www.azcareerpathways.org).

**July 29, 6:30 pm, St. Patrick Catholic Community**

**July 30, 6:30 pm, Valley Unitarian Universalist Congregation in Chandler.**

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**What does our God ask of You?**

**ACT Justly, LOVE Tenderly, WALK Humbly!** Micah 6:8

Find out more: Tuesday, Oct. 1, 6:30-8:30 pm

**ACT LOVE WALK** is a justice formation course/program for 8-12 participants. Together, the group encounters Franciscan stories and their own stories in connection to issues in our world today. For seven months, participants explore:

- How are we called to live justly in our modern world, its challenges, struggles, and joys?
- How are we called to care for the vulnerable?
- How do we grapple with and respond to “the signs of our times?”
- What words might St. Francis have to inspire or challenge us?

The full program starts on October 22. Request more information at [alw@thecasa.org](mailto:alw@thecasa.org).

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**Justice Formation in the Franciscan Way**

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For more information about Faith in Action Ministries, contact Patti Sills-Trausch at 480.355.0348 or [socialconcerns@thecasa.org](mailto:socialconcerns@thecasa.org); Laura Libertore at 480.355.5645 or [laura@thecasa.org](mailto:laura@thecasa.org).
Retreats Coming Soon!

September 6 - 8  Boundless Compassion Retreat
September 13 - 15  St. Francis Repairs the Church Retreat
October 14 - 16  Embracing a Spirituality of Imperfection: Following the Example of Henri Nouwen
October 18 - 20  The Way of Henri Nouwen: Befriending Tension in Our Journey

Please visit the online registration portal to learn more about these and other upcoming programs. You can read about the presenters, and register online at: frc.retreatportal.com/events

Spiritual Spa Weekend
Mother / Daughter
Friday, Aug. 23—Sunday, Aug. 25

The weekend is for mothers & their daughters who are high school age and younger.

Here are some highlights of what the retreat will offer:
• Craft room – always open
• Facials
• Saturday night social: daughters have a “slumber party” in one of the big rooms, while moms have wine and cheese by the pool.
• Sunday late morning closing gathering

• Tea Party with tea sandwiches and refreshments

Fee: $125 for mom, $25 for each daughter sharing the same room with mom, includes all meals. Please call to register 480.948.7460.

Optional Amenity Fees:
Massage: 25 min. session $25; 50 min. session $50
Gentle Touch: 25 min. session $25.
Reflexology: 25 min. session $25.

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World Peace Day
Saturday, Sep. 21, 9 am - 2 pm

The PEACE DAY Aerial Photo is Back by Popular Demand! You can sign up now to be a part of the Aerial Photo for Peace Day on September 21. Casa Peace Ministry will have a table in the Hospitality area after all Masses on the following dates
• Sign up - July 21
• Sign up - August 18
• Sign up - September 8

The word this year is: “PEACE.” Following the photo, you are welcome to proceed to the Auditorium for an Interfaith Prayer and the Presentation of the Casa Peace Award. The Dances of Universal Peace and poolside picnic will follow.

Orange tee-shirts are suggested for the photo.

All are welcome to attend. Bring the whole family!

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For more information or to register for any of these programs, visit thecasa.org or call 480.948.7460 ext. 132
Women in Diversity
Sunday, August 25 and every fourth Sunday of the month until December 27, 2020, 2 - 4 pm
Shirley Cunningham

This group, for women only (for now!), helps women to get to know others across different faiths and other differences. This class will also be a chance to learn more about individual practices and beliefs to help form friendships that will bring blessings to our world and offset harmful attitudes.

Who can attend: Women of every faith and description, including Sikh, Sufi, Muslim, Jewish, Christian, Buddhist, Hindu, along with every faith, age, race, and sexual orientation.

Fee: First meeting you attend is free. $10 per meeting after the first one you attend.

Mindful Meditation
Saturday, Sep. 7, 9 am - 3 pm
Debbie Holexa

When we contemplate the meaning and impact of a world of nonviolence we often fail to include our self in the equation. Many of us are deaf to the voice of our inner critic; those inner violent narrative tapes playing on repeat. The first place to begin in the development of nonviolence is to go within and become aware of how we relate to our self. This course will provide the science, strategies, skills and meditative practice experience necessary for developing a nonviolent relationship with our self. Change ourselves, and we change our world.

Fee: $50, Includes lunch. Pre-registration required.

Reach for the Stars
Begins Wednesday, Oct. 2
7 - 8:30 pm
Susan Wrubel

Men and women are invited to relax and renew with gentle stretching exercises that will increase flexibility and body strength as well as increase circulation to enhance the immune system. You will learn to let go of unnecessary stress and worry as you learn to practice mindful stretching, energizing breathing practices, and peaceful relaxation. Wear loose, comfortable clothing suitable for Arizona evenings in October.

Fee: $40.
Pre-registration required.
Four October evenings on 2, 9, 16 & 23

Native American Flute Journey Extended
Saturday, Oct. 5, 9 am - 3 pm
Hank Molder

The sound of the Native American flute has the power to soothe and heal. Playing the flute is a wonderful means of relaxation. Expanded class to include return to the classroom after lunch for practice and review information on flute music.

Fee per person: $70, lunch included.
Pre-registration required. Limited seating only.
Flute is hand-made: $50. Purchase in class and paid directly to presenter.

For more information or to register for any of these programs, visit thecasa.org or call 480.948.7460 ext. 132
Welcome, Everett!

I grew up in a household where being on time was very important. If you weren’t five minutes early, you were late. Naturally, I raised boys who have a more fluid interpretation of time. Our oldest married into a family of notoriously late folks. And our grandson, William, was almost two weeks late when he was born. So, imagine our surprise when our new grandson arrived five days early and after only three hours!

Everett Thomas Troy Nelson has lots of red hair and a sweet disposition. He came home after a few hours at the birth center and was greeted by his big brother, six grandparents, two great-grandparents, one uncle, and three aunts. We had sub sandwiches and birthday cake to celebrate his arrival. It was the perfect party!

My favorite moment was when our son, Clayton, got Everett out of his car seat and handed him to me. It’s hard to describe the feelings of having your child hand you their child. The world is perfect for those moments. I marvel at the way God has made us to be able to grow in the love of our family. I didn’t know that there was an empty place in my heart, just Everett-sized, waiting to be filled. But now it is.

— Lora Nelson, Director, Retreat Manager Team

For information regarding the RENEWING LIVES initiative, please call 480.355.0357 or email sarah@thecasa.org

AN EASY WAY TO CREATE A LEGACY

Every day, the Casa touches the lives of many people. How can we ensure that no one will ever be turned away, and the Casa’s life-giving programs will be sustainable for generations to come?

*Endowment is the key.*

Now you have the opportunity to endow what you have loved at the Casa! It’s easier than you might think to make a gift to the Casa’s endowment, without affecting your current lifestyle.

To learn more about how the endowment works and the simple way anyone can endow what they love at the Casa, visit our legacy website: [www.FRClegacy.org](http://www.FRClegacy.org), or contact Mary Dunn, 480.355.0345, endowment@thecasa.org. You can also pick up the *Endowment* brochure in the church lobby!
Faith Sharing Groups

Casa Prayer Partners Ministry petitions prayers and prays for our human family. Send requests to: CasaPrayerPartners@gmail.com

Casa Rosary Prayer Group meets every Tuesday, 6 pm in the Meditation Chapel to share our prayer intentions, and those of the community. Through the Rosary, we seek to deepen our relationship with Christ and each other as we contemplate with Mary the face of Christ.

Casa Singles Single, Divorced, Widowed — AGES 40+, meets on the 2nd Friday of each month at 7 pm. For more information and to be added to the email list, contact rick@thecasa.org.

Cornerstone at the Casa Meditation Wednesdays 11:30 am in the Spiritual Direction/Cornerstone Center and Mondays 8:30 am in Room B. All are welcome.

Men in Spirit This group of Christian men meets the first Saturday of every month for 7 am Mass, breakfast, then discussion, study, lectures and guidance. Contact: Al Sapia-Bosch or Chuck Jirauch: MenInSpirit@thecasa.org.

Weekly Interfaith Prayer for Healing Saturdays, following the 7 am Mass. Room location will vary. Please check with the Front Desk for location, or email healingprayer@thecasa.org. All are welcome.

The Order of Secular Franciscans (OFS) Peace Fraternity meets at the Casa on the second Sunday of the month from 2 - 4 pm. This canonical Order of the Catholic Church is open to lay Catholics. Contact: Pat Kennedy, OFS, at 602.284.9343.

Nonprofit Meetings and Conferences
Nonprofit organizations are offered an exclusively serene gathering place for meetings, conferences and special events. For more information about hosting your next nonprofit event at the Casa, contact Indra Rodney, Director of Meetings & Conferences at 480.355.5632 or indra@thecasa.org.

Spiritual Direction
A spiritual director/companion is trained to listen and encourage you to explore a closer relationship with God through conversation, listening and prayer. If you are curious about spiritual direction at the Casa, or would like to make an appointment, please contact: Cathy Olds at 480.948.7460, x162 or spiritualdirection@thecasa.org.

Upcoming Special Collections
August 9,10: Special Needs—African/Latin America/ Eastern Europe
Sept. 14,15: The Catholic University
Sept. 28,29: Franciscan Missionary Union (Province)

Mass Intentions
July 28 – August 3, 2019

Sunday  Pro-Populo  7:30 am
Marion C. Schmanke  9:15 am
Edward Theopolis Jacox  11:00 am
Lyle Schoemborn  7:00 pm

Monday  Jarrett F. Gesuale  7:00 am

Tuesday  Larry Schwietz  7:00 am

Wednesday  Alan Trabilcy  7:00 am

Thursday  Diane Saiki  7:00 am

Friday  Harry McAneny  7:00 am

Saturday  Fr. Bill Bried, OFM  7:00 am
Patricia Hogan  5:00 pm

Mass Intentions for Next Week


The intentions listed here will be the intentions of the priest and will not be announced to the gathered assembly.

Franciscan School of Theology News

From The Southern Cross, the newspaper of the Diocese of San Diego, July 2019 issue.
Excerpt from “A New Chapter in Priestly Formation for the Diocese of San Diego,” by Bishop Robert W. McElroy

The Franciscan School of Theology is moving to the campus of the University of San Diego this summer. It is my conclusion, widely shared within the consultative groups that I have spoken with, that the needs of the diocese will best be served by forming our seminarians locally, utilizing the theological program of FST, and elements of the Franciscan School’s wider formational resources…”

I believe that, at this moment in the life of the Church, the pastoral strength and focus provided by forming our students locally, with the resources of the Franciscan School and our own priests and lay leaders who are experienced in formation, offers the best opportunity to allow the grace of God to flourish in the hearts and souls of the candidates that Christ brings to us for discernment and training. Six students will enter first-year theology at the Franciscan School for the diocese this year and, in future years, all of our new students will attend FST.

For the complete letter and related article, visit: www.thesoutherncross.org/PDFs/socross_current.pdf (pgs. 8,9)