

## Food For Thought: Lenten Course on Hunger and Food Insecurity



Sponsored and facilitated by the Casa Hunger Action Ministry.

**Wednesdays, March 13 & 27 and April 3 & 10**

**6:30 - 8:30 pm**

*Food for Thought:* in a previous Lenten message (2015), Pope Francis calls us to fast from the “temptation of indifference,” and begin to feast on love. This year use your Lent to fast from indifference; commit four weeks to reflect on who are the hungry that Jesus identifies with in Matthew 25: “I was hungry, and you gave me something to eat...”

In the United States, over 49 million people, including 16 million children, live in households that struggle to put food on the table. Through a group experience of active listening, dialogue, and prayer, participants engage and grapple with food insecurity. Various print resources as well as online and in-class videos offer new insights, and participants’ awareness is increased about the causes and consequences of food insecurity. Nourished by God as the center of our Lenten journey of renewal, each participant determines what personal spiritual practices and actions are needed to help move faith into action.

**Fee: \$40 per person. Pre-Registration Required, please call Amy at 480-948-7460 ext. 132 or register online.**

*To register, visit [thecasa.org](http://thecasa.org) or call 480.948.7460*



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*All are welcome.*