

Through Our Hands  
We Serve in Love



Hunger Action Ministry

# Through Our Hands

**Sunday, September 24**  
**12:30 to 3:00 pm**

*"Make us worthy, Lord, to serve those throughout the world who live in poverty or hunger. Give them, **through our hands**, this day their daily bread; and by our understanding love, give peace and joy." - St. Teresa of Calcutta (Mother Teresa)*

**Join us for our Hunger Action event:**

**Through our understanding, we aim to be worthy to serve.**

**Lunch and conversation** with Sister Adele O'Sullivan, CSJ, M.D., founder and Chief Medical Officer of Circle the City. Learn how this local organization uses a comprehensive program to feed the hungry and help them learn to feed themselves.

**Through our hands, we serve in love.** Together, we will assemble Casa Kindness Bags. Half of the assembled bags will be donated to Circle of the City for distribution. The other half will be distributed by our community to our brothers and sisters who are hungry.

**Registration required.** To register, go line to [www.thecasa.org](http://www.thecasa.org) (view calendar link). The fee is \$10.00 per person plus a donated item(s). Discount for children under 10 years old. See back side/second page for additional details. Registration includes a simple lunch and our conversation with Sister Adele.



*Speaker:*

Sister Adele O'Sullivan, CSJ, M.D. is a Sister of St. Joseph of Carondelet and a family

physician. She has provided medical care to persons experiencing homelessness in Maricopa County since 1996. Sister Adele is the Founder and Chief Medical Officer of Circle the City, a non-profit which operates Arizona's first and only Medical Respite Center for those who are ill, hungry and homeless.



*Casa Kindness Bag*  
*Purpose*

**Carry a Casa Kindness Bag in your car. When you encounter someone who is hungry or homeless hand them a bag with God's blessing. Through your hands this bag is a kind gesture offering sustenance.**



**September is Hunger Action Month.** Put your prayers into action. Serve in Love. Wear orange. Make a difference through Awareness, Advocacy and Action. After masses, visit the Hunger Action Ministry in the Hospitality area to find out more.



**Franciscan Renewal Center**  
Peace. Renewal. Good.

5802 East Lincoln Drive  
Scottsdale, Arizona 85253

480.948.7460 phone  
800.356.3247 toll free

[thecasa.org](http://thecasa.org)  
All are welcome.



**Faith in Action**  
Ministry

***Through our Hands***  
***Sunday, September 24***  
***12:30 to 3:00 pm***

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We Serve in Love**



***Help us feed the hungry in several different ways***

**Donate funds** to purchase Kindness Bag items. Donations are accepted at the Hunger Action hospitality table after all masses on the following weekends: August 19/20, August 26/27, September 9/10, September 16/17. Checks/cash are most appreciated. Checks should be made payable to The Franciscan Renewal Center. We cannot accept credit cards.

**Donate Kindness Bag Items** Sign-up in Hospitality [on the above mentioned weekends] to bring any of the following items for inclusion in the Kindness Bags. We ask that you to sign-up so that we can track the items and know how many of each item we can expect to receive. Our plan is to make 300 Kindness Bags

- Soft Granola bars/no chocolate (e.g. we will need 600 bars)
- Trail mix
- Juice boxes
- Raisins
- Slim Jim snack sticks
- Socks
- Water

Items are to be brought to the Casa on Saturday, September 23 (after 5 pm mass) or the morning of September 24.

**Attend our Community Event** Please register online. \$10.00 fee for Lunch with Sister Adele, founder of Circle the City followed by assembling the Kindness Bags for distribution. Make it a family affair to help provide for those less fortunate. We have a discount for children under 10:

**\$5** for children ages 6- 10; **Free** for children age 5 and younger.

“Simple lunch” includes vegetarian and gluten-free options.

To take advantage of the child discount, or the lunch options, please call Amy to register at 480-948-7460, Ext 132.



**Making a difference through**

***Awareness, Advocacy and Action***