

# are you deeply concerned about our world?

ARE YOU THIRSTY FOR GOD  
**AND** HUNGRY FOR JUSTICE IN  
THE WORLD? *Do you long to be  
contemplative and compassionate?*

EngagingSpirituality is a prayerful small-group journey that invites us to draw the world—with all its beauty and brokenness—down into ourselves, to hold it in prayer together, and to practice living deeply and loving broadly.

**2017-18 Discernment/Introduction meeting**  
**Winter/Part-time residents**  
**Monday, February 13 at 10:00 a.m. to 12:00 p.m.**  
**Bring your calendar. Meeting is in the St. Barbara room.**

Initial 7 sessions completed  
February through beginning  
of April, 2017.

Remaining sessions  
completed Fall of 2017 and  
winter/spring of 2018.

**Contact Information:**

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## Part-time Engaging Spirituality at the Casa/Franciscan Renewal Center

### WHAT IS ENGAGINGSPIRITUALITY?

**Engaging Spirituality is a spiritual process for people who are longing to live deeply and feel deeply connected to our world.** It is about slowing, listening, breathing, caring, and connecting ever more deeply.

We gather weekly. From the end February through early April a group of 8-12 people accompany one another through the process. The process will then continue (specifics negotiated among participants) in the fall/winter of 2017-2018.

Groups are co-facilitated by two facilitators, from within the group or with outside support. There is an Opening Retreat. The first session will occur after the Opening retreat. There is also an immersion, pilgrimage and commissioning day throughout the program.

There is no fee, but there is a cost of \$190.00 which includes all books/materials, and cost of the first, last and pilgrimage retreats. Please don't let cost prevent you from participating. Scholarships are available.

**To participate**, you must attend the preliminary session on **Monday, February 13** at 10:00 a.m. During the introduction you will learn more about **ES**, experience the contemplative process, determine meeting dates and discuss logistics and details.

#### Winter 2017

- Opening Retreat February 19 and 20, 2017
- 7 weekly sessions end the first week of April.

#### Break: spring/ summer 2017

- Participants determine method of connection. Read a book and form a chat room or monthly call, etc.
- Someone takes responsibility to organize.

#### Fall/Winter/Spring 2017-18 session

- Immersion, Pilgrimage, and Closing retreat days
- One re-connection session and 14 weekly sessions, start date determined by the group.

“Words cannot express my feelings regarding **Engaging Spirituality**. It gave me a sense of community and a sense of communal good and caring. It also gave some sense of direction and purpose to my spiritual life.”  
--Past participant.

### WHY PARTICIPATE IN ENGAGINGSPIRITUALITY?

#### Perhaps you are...

- longing to live an undivided life
- ready to pattern your life around prayer and outreach
- interested in living more simply
- curious about how to be more present, aware, and awake
- open to reconciliation, healing, and growth
- seeking rest for your soul

The most important requirement for anyone considering **Engaging Spirituality** is a longing for a deeper and wider appreciation for life.

Here is what's at the heart of the program:

- Sessions rich with sharing and listening
- Retreats
- Spiritual practices
- Engagement at the margins
- Journal-keeping
- Immersion experiences
- Spiritual reading
- Video presentations
- Essays by spiritual teachers
- Personal letters from contemporary spiritual pathfinders

**If you are seeking to have a relationship with God and others at a deeper level, we invite you to consider **Engaging Spirituality**.**

**Questions? Bring them to the information meeting in the St. Barbara room\*;  
or contact [Laura@thecasa.org](mailto:Laura@thecasa.org)**

Through **Engaging Spirituality**, I met weekly with a wonderful group of Casa people – and the joy of daily prayer and meditation was gently re-awakened in me. The books we read together were deeply inspiring and nudged me to a new place. Guided by spiritual masters like Mother Teresa, Henry Nouwen, Ronald Rolheiser, Thomas Merton and Oscar Romero, we shared our own stories and re-examined our own prayer lives. My time with God is deeper, now. I am closer to Him now than I ever have been. My morning meditation is the foundation of my day. **Annie Neroda, ES 2014-15**

Note: Participation by each member of the group for each session is very important. It is recognized, though that illness and family emergencies do come up during a long-term program like **ES**. We recognize that not everyone will make it to all meetings. However, if you know that you will need to miss a number of the sessions or retreat days, it may be better to postpone your participation in the program.

**\* Meeting rooms may change. Please check with the front desk for meeting location – 480-948-7460**